

TOWN OF COLCHESTER

Commission on Aging
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Where Tradition Meets Tomorrow

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Nancy A. Bray

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TOWN CLERK

Colchester Commission on Aging Meeting Minutes

Monday, May 12, 2014 - Colchester Senior Center

Members Present: Rose Levine, Gary Siddell, Jean Stawicki, Rob Gustafson, Joe Menhart, Goldie Liverant, Susan Choma

Members Absent: None


Others Present: Patty White, Rosemary Coyle, Mary Tomasi, Art Shilosky, Dani Swenson

- 1. Call Meeting to Order:** The meeting was called to order by R. Levine at 8:33 a.m.
- 2. Status of Commission on Aging Membership and Voting Members for Current Meeting:** S. Choma was not yet at meeting so this seating took place when she arrived (see item 6).
- 3. Minutes:** G. Siddell motioned to accept the April 14, 2014 meeting minutes with a correction to the attendance in item 6 from 101 to 1,101. R. Gustafson seconded. G. Liverant and R. Levine abstained. All other members present voted in favor. MOTION CARRIED.
- 4. Financial Report:** P. Watts reported that April daily transportation collected \$167 and out of town trips collected \$88 for a monthly total of \$255. This brings the YTD total to \$2,452.
- 5. Chairman's Report:** R. Levine commended the article that G. Siddell wrote for the Rivereast. Although she is concerned about the budget failure and changes in the Board of Selectmen, it's important to continue to publicize the happenings at the senior center.
- 6. Senior Center Director's Report:** P. Watts reported that there have been some recent break-ins at the senior center and she has been working to ensure the security of the building and the safety of its occupants including re-keying all locks, establishing new closing procedures, installing a drop safe and also looking into surveillance cameras. She reported that she has not yet heard how or if the budget failure will affect the senior center. Patty also thanked Gary for the article in the newspaper and stated how important it is to continue to educate the public on ways the center supports seniors. Patty compiled an activity interest questionnaire that will help her gauge interest in what's being offered currently and what seniors are looking for. The Eagle Scout candidate has begun building the storage units and will install them soon. She presented her plans for rearranging other areas at the center to make room for more programming. The mystery trip on May 1st to the CT Recovery Center and was wonderful. The Cinco de Mayo program on May 5th was a great success as well. A Mother's Day brunch is being held today with entertainment. There will be a special bingo once a month with sponsorship prizes. On May 19th, ECTC is presenting "Getting Around Eastern Connecticut" which will highlight transportation options specific to this area. The center will be closed on May 26th for Memorial Day and there will be a ceremony in observance of the holiday on Tuesday, May 27th. On Friday, June 6th, there will be a regional dinner/dance at Port & Starbird featuring the doo wop group *The Corvettes*. New programs include Evening Walking Club, Evening Zumba Gold, a crafting class, Crop 'Til you Drop (scrapbooking) and Bunco. The next TRIAD meeting will be on May 20th. At the last meeting, they decided to focus their efforts on the File of Life which is a magnet that seniors can attach to their refrigerator that clearly compiles all

their medical information for emergency workers. April statistics were: Attendance: 1,192, and Transports: 1,156 in 21 days of operation, 180 Bistro and special meals served, 97 Community Café meals served, 435 Meals-on-Wheels delivered, and 8 new members registered in April for a year-to-date total of 39. S. Choma entered the meeting at 8:58. G. Siddell motioned to seat S. Choma as a voting member for today's meeting to fill the vacancy on the commission. R. Gustafson seconded. All members present voted in favor. MOTION CARRIED.

7. **Senior Center Building Update:** The subcommittee's next meeting is Thursday, May 15th at 1:30.
8. **Recommended Commission on Aging Changes to Town Ordinance:** G. Siddell presented a new document of proposed changes to the Town Ordinances for the Commission on Aging (see attached). The group discussed each item. J. Menhart motioned to accept the changes as presented with a spelling change (marked on attachment). R. Gustafson seconded. J. Stawicki opposed. All other members present voted in favor. MOTION CARRIED.
9. **Senior Center Resource Guide:** G. Siddell reported that the guide is compiled and in useable format. He reduced the number of pages to 14 and made some final changes. He is looking into sponsorships to defray cost of printing. He also reported that he met with Linda Orange at the Capitol in Hartford, who is interested in this project. There can be a link from both the Senior Center Department page and the Commission on Aging page of the town website. The guide will be finalized this month.
G. Liverant left the meeting at 9:32.
The group also discussed senior tax relief on a town, state and national level.
M. Tomasi left the meeting at 9:38.
10. **Appointment of Nomination Committee:** R. Levine asked for volunteers to serve on the nominating committee to present nominations at the June meeting for Chair and Vice-Chair of the Commission. After discussion, the group realized many members were unable to make the June 9th meeting. J. Stawicki motioned to move the meeting to the following Monday, June 16th. G. Siddell seconded. All members present voted in favor. MOTION CARRIED. G. Siddell and J. Stawicki volunteered to serve on the nominating committee.
11. **Old Business:** No items were reported.
12. **New Business:** P. Watts shared that there is a young volunteer whose family has offered to plan a golf tournament to benefit the senior center. The only issue may be insurance. She will present to the Board of Selectmen for their approval at their next meeting on Thursday. The tournament would be held at Chantclair in Colchester on August 9th.
13. **Citizen's Comments:** No items were reported.
14. **Adjournment:** J. Stawicki motioned to adjourn the meeting at 9:53 a.m. J. Menhart seconded the motion. All members present voted in favor. MOTION CARRIED.

Respectfully submitted,


Michelle Komoroski

5/12/2014

Commission on Aging Changes to Ordinance/Code

The following changes to the Ordinance/Code **Article V §§18-15 to 18-20**, which affects the Commission on Aging, were approved by the Commission on Aging at its June 10, 2013 meeting. Previously, changes to the By-Laws of the Commission were made effective and filed March 12, 2012. The By-Laws are on the Commission on Aging's web site. The changes presented here to the Code are intended to reflect the changes already made to the By-Laws. Highlighted represents suggested changes based on 4/14 CoA meeting.

Underlined represents new language

~~Strike-Out~~ represents language removed

Article V, Commission on Aging [Adopted 8-18-1977; amended 6-30-1994]

CODE OF THE TOWN OF COLCHESTER, CONNECTICUT, v16 Updated 04-01-2013 / THE CODE / Chapter 18, BOARDS, COMMITTEES AND COMMISSIONS / ARTICLE V, Commission on Aging [Adopted 8-18-1977; amended 6-30-1994] / **§18-15 Organization.**

§18-15 Organization.

- A. There shall be a Commission on Aging in the Town of Colchester, consisting of seven members and two alternate members, which shall be called the "Colchester Commission on Aging." [Amended 6-16-2005]
- B. Members and alternate members shall be appointed by the Board of Selectmen and shall be chosen from the electors of the Town of Colchester. All members so appointed shall be persons interested in and committed to the consideration and solution of the problems of the elderly and aging.
- (1) ~~One member shall be a representative of an elderly organization.~~
 - (2) ~~One member shall be a representative of the Colchester Chapter 4019 of the A.A.R.P. [Amended 12-18-2003]~~
 - (3) ~~Three members shall be members of the public. [Amended 6-16-2005]~~
 - (4) ~~Two members shall be members of the public 60 years of age or older, one male and one female.~~
- C. ~~The two alternate members shall be members of the public 60 years of age or older. [Amended 6-16-2005] {Removed}~~
- D. ~~}} {Removed}~~
~~_____ from the electors of the Town of Colchester. All members so appointed shall be persons interested in and committed to the consideration and solution of the problems of the elderly and aging.~~
- E. A Chairperson shall be elected by the members of the Commission from among the members.
- F. Alternate members shall attend all meetings and shall take the place of a regular member when a regular member is absent from a meeting. When taking the place of an absent regular member, such alternate member shall be counted toward a quorum and shall have all the voting rights of the absent member. The Chairperson shall rotate alternates to serve in this capacity as needed.

G. The First Selectman ~~{{, the Director of Health of the Town of Colchester and the Chairperson of the Colchester Clergy Association (or their designees)}}~~ and/or the Board of Selectmen's Liason ~~and the Senior Center Director~~ shall be nonvoting ex-officio members.

CODE OF THE TOWN OF COLCHESTER, CONNECTICUT, v16 Updated 04-01-2013 / THE CODE / Chapter 18, BOARDS, COMMITTEES AND COMMISSIONS / ARTICLE V, Commission on Aging [Adopted 8-18-1977; amended 6-30-1994] / §18-16 Membership and terms of appointment; compensation.

§18-16 Membership and terms of appointment; compensation.

In ~~{{January}}~~ December of each year the Board of Selectmen shall appoint members and alternate members to replace those whose terms are then expiring. All members and alternate members shall be appointed to hold office for a period of three years. ~~{{, three for two years and three for one year}}~~. Vacancies shall be filled for the unexpired portion of the term, and the Commission may recommend a candidate to the Board of Selectmen to fill said vacancy. Members of the Commission shall serve without compensation.

CODE OF THE TOWN OF COLCHESTER, CONNECTICUT, v16 Updated 04-01-2013 / THE CODE / Chapter 18, BOARDS, COMMITTEES AND COMMISSIONS / ARTICLE V, Commission on Aging [Adopted 8-18-1977; amended 6-30-1994] / §18-17 Purpose.

The purpose of the Commission shall be to review and analyze the needs and conditions of the elderly and aging in relation to housing, nutrition, employment, economic welfare, health, recreation, social services, transportation and other matters and problems of concern to the elderly. The Commission shall also plan, coordinate, develop and implement programs to meet the needs and to improve the conditions of the elderly and aging within the Town of Colchester and shall provide coordination and linkage of such plans and programs among existing services. The Commission shall act as an advocate for the elderly and aging and shall make recommendations from time to time to the Board of Selectmen and at the Annual Town Meeting regarding services for elderly and aging persons.

CODE OF THE TOWN OF COLCHESTER, CONNECTICUT, v16 Updated 04-01-2013 / THE CODE / Chapter 18, BOARDS, COMMITTEES AND COMMISSIONS / ARTICLE V, Commission on Aging [Adopted 8-18-1977; amended 6-30-1994] / §18-18 Duties.

§18-18 Duties.

The Commission shall initiate, plan and coordinate services and programs for the elderly and aging within the Town of Colchester in accordance with its purpose. ~~{{It shall review, initiate and recommend approval or disapproval of applications for federal, state, local and private funds for programs for the elderly and aging to the Board of Finance and the Board of Selectmen.}}~~ The Commission may seek and review and maintain funding for programs for the elderly and aging. The Commission shall assist in interpreting and developing policies and guidelines for services and programs for the elderly and aging. The Commission shall generally meet at least once every month on a date which shall be determined by the members and shall call special

meetings from time to time as necessary. The Commission shall be authorized to establish and promulgate bylaws to enable it to function in fulfilling its duties. ~~{It is not intended that the Commission shall operate programs.}~~ It is not intended that the Commission shall operate Senior Center programs, but may operate programs or events that support the greater Colchester elderly and aging population.

CODE OF THE TOWN OF COLCHESTER, CONNECTICUT, v16 Updated 04-01-2013 / THE CODE / Chapter 18, BOARDS, COMMITTEES AND COMMISSIONS / ARTICLE V, Commission on Aging [Adopted 8-18-1977; amended 6-30-1994] / §18-19 (Reserved) EN

§18-19 (Reserved) EN(7)

CODE OF THE TOWN OF COLCHESTER, CONNECTICUT, v16 Updated 04-01-2013 / THE CODE / Chapter 18, BOARDS, COMMITTEES AND COMMISSIONS / ARTICLE V, Commission on Aging [Adopted 8-18-1977; amended 6-30-1994] / §18-20 Budget.

§18-20 Budget.

The Commission shall prepare an annual budget in support of Commission on Aging programs. Said budget shall be submitted to the Board of Selectmen to be included in the next fiscal year budget for submission to the Board of Finance and the Annual Town Meeting by February 1 December 1st of each year.